



RISK ASSESSMENT AND RISK MANAGEMENT



Risk Assessment:

Activity: Contact training, friendlies and matches for Senior Teams

Location: Steyping Town Community Football Club, Shooting Fields

Date: 25th March 2021

Organisation: Steyping Town Community Football Club

Assessment undertaken by: Club Committee

Ratified by: Ian Nichols (Club Chairman)

RISKS/HAZARDS	Groups of people who are at risk from the hazards we have identified	How will we control and limit the risk?	Comments & Actions to be taken
Spread of the virus – Hygiene for players	Players	<ul style="list-style-type: none"> All players must use the hand sanitizer on entry to the club premises All players must use the hand sanitizer on exit of the pitch (one way entry/exit system in operation on pitch). Physical contact must be kept to a minimum during training and games wherever possible. Signage will be displayed around the club premises encouraging everyone to keep 2 metres apart at all times. Spitting and rinsing of mouths is not recommended and must be kept to a minimum on or around the pitch. All players have been reminded and notified that they are not permitted to attend training or games if they are showing any signs or symptoms of COVID 19 or live in a household where someone is showing signs & symptoms. Each player will be required to come in their training clothes/playing clothes – no changing facilities will be available at this time. Each player will be required to bring their own water bottle. Start and finish times for the training sessions will be staggered to limit the amount of people on site and 	<p>Players will be sent a copy of the updated risk assessment prior to attending their first training session when we implement the updated FA guidance ready to return to grassroots football on 29th March 2021.</p> <p>Any player not adhering to the use of hand sanitizer will not be allowed to join a training session or match.</p> <p>Any player not respecting the social distancing rules will be asked to step away from the training area and ultimately be asked to leave if this behaviour continues.</p> <p>Players will be asked to strictly stick to the designated start and finish times for training and games. If they do not do so, it will be at the coaches discretion to speak to them and remind them of this. Ultimately, if this is not adhered to, they will be asked not to attend again until further notice.</p>

		therefore lessen the risk of ‘flash points’ and people being unable to adhere to social distancing.	
Spread of the virus – Hygiene for all	Spectators	<ul style="list-style-type: none"> • Following the FA’s new guidance, no spectators will be allowed at either senior training sessions or games until further notice. This applies to home team and away team at upcoming fixtures. • Social distancing to be adhered to at all times whilst on the club premises. • Signage around the club ground will remind all of social distancing rules. • Clear signage will be displayed to inform all of the entrance and exit points. 	<p>Club will purchase and supply ample hand sanitizer for people to use.</p> <p>Signage to be displayed reminding people of social distancing rules, one way system and any further restrictions in place.</p>
Spread of the virus – Hygiene for coaches	Coaches	<ul style="list-style-type: none"> • Health & Safety Officer to share updated guidance from the FA with all coaches. • Coaches will not hold their training sessions if they are showing signs or symptoms of COVID 19 and will inform their players if it is necessary to cancel a session in good time. • Coaches will adhere to social distancing at all times and there will be no physical contact of any kind, except where first aid needs to be administered. 	<p>Coaches to be briefed on all FA guidelines and updates.</p> <p>Coaches to be reminded of social distancing rules & signs & symptoms of COVID 19.</p>
Use of and cleaning of equipment	Coaches & players	<ul style="list-style-type: none"> • All equipment will be cleaned thoroughly prior to and after each training session. • Each coach will keep his/her training equipment separate from any other coaches. • Training groups will not share equipment. • At no time must any player touch, move or remove any goals, cones, equipment, or temporary pitch markings & signage. • If a player does accidentally touch any of the above equipment they must inform their coach, and immediately sanitize their hands again. 	<p>Club to provide all relevant cleaning equipment eg, anti-bacterial wipes, spray and disposable paper towels.</p> <p>All equipment, goals and pitch markings will be moved as and when required by a designated coach in order to lessen the risk of spreading the virus.</p>
Group sizes & pitch use	Coaches & players	<ul style="list-style-type: none"> • Coaches are permitted to run a contact training session with up to 30 participants (inclusive of coaches). • All sessions must adhere to age related ratios. • Training groups must stay the same wherever possible. • Substitutes & coaches – during matches all coaches and substitutes must be socially distant from each other whilst on the touchline or in the dugout. 	<p>Coaches to be briefed on these rules regarding group sizes and not mixing groups up.</p> <p>Seats in dugouts to be used in a socially distanced manner.</p>

<p>General risks at the premises</p>	<p>Coaches, players, spectators (when permitted)</p>	<ul style="list-style-type: none"> • A clear one way entrance & exit system will be put in place to increase social distancing and lessen the likelihood of people ‘bumping’ into each other • Turnstiles, gates, barriers and any ‘touch points’ will be thoroughly & frequently cleaned. • Players, spectators and all other visitors to the ground must remain socially distant whilst on the premises. • STCFC reserve the right to limit the number of people entering the ground if they feel that social distancing is being impeded due to the number of people present in the ground and therefore increasing the risk of spreading the virus. 	<p>Clear signage to indicate entrance & exit points will be displayed.</p> <p>Coaches using the club will be responsible for cleaning down all ‘touch points’ around the club premises prior to leaving.</p>
<p>Clubhouse & toilet facilities</p>	<p>Coaches, players, spectators & match officials.</p>	<ul style="list-style-type: none"> • Toilet facilities are available, but only one person to enter/use the toilets at any one time on a ‘one in, one out’ basis. • When there are matches, toilet facilities will only be open 30 minutes prior to kick off and will close 30 minutes after the final whistle. • Handwashing is essential when using the toilet facilities. • In the toilet facilities windows will be kept open wherever possible to allow for maximum ventilation. • Ample hand sanitizing stations will be available for staff and visitors to use. 	<p>Clear signage will be displayed outside and inside the toilet facilities reminding individuals of the importance of good hygiene and handwashing procedures.</p> <p>The club will ensure all facilities are cleaned thoroughly on a regular basis.</p> <p>Club staff will ensure hand sanitizing stations are kept suitably stocked.</p> <p>Club staff & officials reserve the right to ask any person not adhering to our COVID safety rules, to leave the ground if deemed necessary and there is a risk to anyone’s safety.</p>
<p>Accidents and first aid</p>	<p>Coaches & players</p>	<ul style="list-style-type: none"> • Coaches & physio staff will be provided with PPE to keep them safe should they have to administer first aid. • PPE must be worn when administering first aid to a player, even if it is not COVID related to keep both player & coach safe. • All first aid waste must be double bagged and disposed of appropriately. • All accidents and first aid incidents to be logged in the usual way. • Should a player or coach be suspected of showing signs and symptoms of COVID 19 they will be immediately taken to an ‘isolation room’ and if able to do so/well enough, will be asked to leave the premises as soon as possible in a controlled manner. Eg, All pedestrian traffic around the isolation room will be asked to stop, 	<p>Relevant PPE (disposable masks, gloves, aprons etc) to be distributed to all coaches resuming training in sealed bags/wallets.</p> <p>Coaches must dispose of first aid waste & PPE as stated.</p> <p>Coaches to make the Health & Safety Officer aware of any replenishments of PPE required and must check all first aid supplies prior to commencing training.</p> <p>Isolation room to be situated in the away changing room, extra PPE and a first aid bag to be in this room at all times, along with rubbish bags to dispose of any COVID related waste.</p>

		<p>whilst the player with symptoms leaves the premises. If necessary, a next of kin/parent/carer will be phoned and asked to collect as soon as is possible.</p> <ul style="list-style-type: none"> • Whilst the player is still on site in the isolation room, another adult must stay with the person at all times, but in the doorway of the isolation room and at a distance of 2m and must wear full PPE. • This player must follow the self-isolating rules set out by the government and get him/herself tested and let the club know the result of this test as soon as it is available. • If a player is showing signs & symptoms of COVID 19, not only will the above procedure be put into place, but in addition to this all other players & the coach in this 'training group' will also be asked to leave the training session. The Coach must contact the Health & Safety Officer, whereby he will then advise the coach of what further action needs to be taken. 	<p>If a scenario does occur whereby a senior player is suspected of showing COVID 19 symptoms, the players coach will liaise with this players in order to get the test result answers as soon as is possible and disseminate this information to the other players in the group in a timely manner. Should the result come back positive, the Club Health & Safety Officer will gain further guidance from the NHS and advise the coach with how to proceed and what self-isolating rules must be adhered to by the players and the coach in the group.</p>
Safeguarding	Players	<ul style="list-style-type: none"> • All safeguarding issues must be brought to the attention of the Club Welfare Officer and reported in the usual way. 	
Communication between coaches & players	Coaches & players	<ul style="list-style-type: none"> • All other communication between players and coaches to be carried out by email, phone or text message/Whatsapp. Only when absolutely necessary should a player linger and communicate with a coach at training. 	<p>Coaches to stay in contact with players via email, text, phone or Whatsapp prior to training and keep them fully informed of the changes coming into effect from 29th March 2021 by the FA.</p> <p>Coaches to also make players aware that anyone not obeying the changes and safety plan that has been put in place, will be asked to not attend training.</p>
Travelling to training & matches	Coaches & players	<ul style="list-style-type: none"> • Participants must be encouraged to follow best practice when travelling to/from training or matches. • Coaches are not permitted to transport players to training or matches unless they live in the same household or are part of each other's 'support bubbles'. • Players should not lift share, unless they live in the same household or are part of a 'support bubble'. 	
Track & Trace	Coaches, players, spectators (when permitted), match officials & all people attending a game hosted at	<ul style="list-style-type: none"> • We will carry out track and trace procedures to support the NHS test and trace service. • We will ensure all players, spectators (when permitted), coaches, match officials and anyone entering the ground, from both home & away teams, register via our NHS track and trace QR code posters displayed at the 	<p>Coaches will be asked to inform away managers of our safety plan and the requirements of all entering the ground to register via the NHS track and trace posters.</p> <p>Home STCFC coaches and managers can arrive more than 45 minutes prior to kick off in order to set up the</p>

	STCFC.	<p>entrance to the club.</p> <ul style="list-style-type: none">• A Club Official or Volunteer will be required to ensure the above happens at every match, by manning the entrance gate. Managers will be responsible for making sure this happens.• Players from both sides, opposition coaches, all spectators (when permitted) and all match officials will be asked not to arrive any more than 45 minutes prior to kick off.	<p>pitch, open the clubhouse and to ensure all safety procedures and measures are in place ready to receive visitors from both teams.</p>
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